

# PACKING FOR CAMP

## Important Information

- Put your camper's name on everything, **ABSOLUTELY EVERYTHING**, they bring (including bags, trunks and other large items)!
- Though tempting, don't send too much - it just makes it difficult for your camper to keep track of everything.
- Have your camper pack with you - they will need to know where their belongings are and how to stay organized.
- Quantities and suggested items in the Packing List are our recommendations based on 80 years of experience. However, you know your camper best - please pack according to your own camper's needs.
- **VERY IMPORTANT! DO NOT SEND ANY FOOD.**
- **VERY IMPORTANT! DO NOT SEND CELL PHONES OR CONNECTED DEVICES.**
- **VERY IMPORTANT! DO NOT SEND ANY TOILETRIES THAT ARE BERRY-SCENTED.**



## Laundry

Our laundry facilities are extremely limited. They are reserved for “emergency” use only. Campers can do small amounts of hand laundry, but the best approach is to try to send your camper with enough clothing to get through a two-week stay.

## Things You **MAY NOT** Bring

- Tobacco/Nicotine/Vapes, Alcohol, Marijuana/THC, Illegal Substances/Drugs, or Weapons.
  - Possession of these items is grounds for dismissal.
- Animals or pets
- Cell Phones or devices that connect to Wi-Fi or use cellular data.
  - These will be confiscated and kept safely in the director's office until check-out day.
- Anything of value like cash, fine jewelry, expensive cameras or electronics, etc.
- Berry-scented toiletries - they attract unwanted wildlife.
- Food, gum, or snacks of any kind.
- Please check with the camp for permission to bring personal sporting equipment.

# PRINTABLE PACKING LIST

## ORGANIZATION

- 100ish Iron-on or Sticker Labels OR 1 Label Stamp
- 1 Trunk, Large Suitcase, or Plastic Bin for clothing
- 1 Plastic shower caddy/tote
- 1 Plastic drawers for bedside (*optional*)  
(approx. 18" x 16" x 24 5/8")
- Other: \_\_\_\_\_

## BEDDING / LAUNDRY

- 1 Sleeping Bag & Fitted Cot Sheet\*\*\*  
OR Fitted Cot Sheet, Twin Sheets, & Blanket/Quilt\*\*\*
- 1 Extra Throw Blanket (it can get chilly!)
- 1 Pillow
- 2 Pillowcases
- 1 Laundry Bag
- 1 Small mat or rug placed next to bed (*optional*)
- 1 Mattress Pad (*optional*)
- Other: \_\_\_\_\_

## CLOTHING

- 15 T-Shirts (a variety of colors for special events)
- 10 Shorts (athletic, Soffee, denim, etc)
- 15 Underwear
- 15 Socks\*
- 10 Bras and/or Sports Bras
- 3 Jeans and/or Long Pants
- 2 Sweatshirts and/or Light Jackets
- 2 Set of Pajamas
- 1 Raincoat or Poncho
- 1 Hat (baseball, visor, bucket)
- 1 "Nice" outfit for special days (*optional*)
- Other: \_\_\_\_\_

## SHOES

- 2 Sneakers\*\*
- 1 Shower Shoes (slides, flip flops, or Crocs)
- 1 Rainboots (*optional*)
- 1 Water Shoes (*optional*)
- Other: \_\_\_\_\_

## SWIMMING

- 2 Swimsuits
- 2 Beach Towels
- 2 White Swim Caps^
- 2 UV Shirt or Rashguard (*optional*)
- 1 Goggles (*optional*)
- Other: \_\_\_\_\_

## BATHING

- 2 Bath Towels
- 2 Wash Cloths or Loofah
- 1 Robe (*optional*)
- Other: \_\_\_\_\_

## TOILETRY + SELF-CARE (NOTHING BERRY-SCENTED)

- Toothbrush & Toothpaste
- Body Wash or Bar Soap
- Shampoo & Conditioner
- Hair care supplies (brush, hair ties, bonnet, etc)
- Sunscreen
- Insect Repellant (with tick protection)
- Face Wash / Skincare Products
- Deodorant
- Lotion / Moisturizer
- Lip balm
- Pads and/or Tampons
- Extra Eyeglasses and/or Contacts & Supplies
- Razors & Shaving Cream
- Retainer and/or Orthodontic supplies
- Other: \_\_\_\_\_

## ACCESSORIES + FUN

- 1 Flashlight and extra batteries
- 1 Backpack
- 2 Refillable Water Bottles
- Pens or Pencils
- Stationery + Stamps
- Notebook
- Downtime activities – like books, magazines, playing cards, MadLibs, puzzles (*optional*)
- Personal battery-operated fan (*optional*)
- Camera – disposables are great! (*optional*)
- Other: \_\_\_\_\_

## EVERYTHING SHOULD BE LABELED WITH CAMPER NAME

\* Campers are required to wear socks at all times

\*\* Shoes must be closed at the toe and heel.

\*\*\* Beds are approx. 30" x 75".

^ White swim caps may be purchased at camp for \$4.00

# PACKING FOR CHECK-IN

We use a staggered arrival process for check-in and check-out. Parents and guardians will have a limited amount of time in camp, so we ask that you also come **prepared** to ensure you can move through all of the stations in the allotted time.

We appreciate your cooperation and preparedness.

## With the **PARENT/GUARDIAN**:

- ☐ **Medications** - Prescriptions, vitamins, and over-the-counter meds

**Reminder:** Medications will be turned in to the Nurse in the Dining Hall. Do not leave medications in your camper's bags, tent, or cabin!

All medications MUST be brought to camp in their **original** packaging. By *LAW*, we cannot administer drugs from plastic bags or pillboxes. It is easiest to place all medications (in their original packaging) in a gallon-sized Ziplock bag(s) clearly labeled with the camper's name.

We can NOT administer any medication, ointment, vitamin, or supplement (prescribed or over the counter) without an order from your camper's licensed medical professional. The pharmacy label and/or parental consent are insufficient. Please refer to our Health Recommendations Form 2 for more details. You do not need to bring generic, over-the-counter medications (like Tums, Tylenol, or Benadryl) as those are stocked in our Health Center.

- ☐ **Directions to camp** – there is **no cell service!**
- ☐ A good playlist!

## In the **CAR**:

- ☐ **All Camper Belongings**

Staff members will help unpack your car and bring your camper's belongings to their assigned cabin or tent.

Please pack your camper's belongings in as few bins and bags as possible. Do not pack any loose items - everything should be packed **IN** a bin, bag, or trunk. Clearly label every container (and the contents) with the camper's name.

You will be able to help your camper make their bed and set up their spot in the cabin/tent. Please be sure bedding and other bedside items are clearly separated from day-to-day clothing. Finally, make sure your camper helps pack, so they know where everything is once you leave!

## With your **CAMPER**:

- ☐ **Personal + Comfort Items**

You have a few stations to move through so your camper may be out and about in camp before having an opportunity to fully unpack in the cabin. She may want to have a small backpack during this time with supplies to keep comfortable such as a filled water bottle, sweatshirt or personal fan (depending on the weather), and/or a hat. Do NOT pack food or gum.

